

FRIED CHICKEN (REGULAR OR GLUTEN FREE)

Matt Storch

Makes 8pcs

Chicken	1 each
Mint	Couple Sprigs
Basil	Couple Sprigs
Lemon	1 each
Thyme	Couple Sprigs
Jalapeno	1 each
Kosher Salt	1/2 cup
Sugar	1/2 cup
Cardamom	2 pods
Black Peppercorns	8 each
Garlic	6 Cloves
Bay Leaf	2 each
AP Flour	3 cups
Paprika	1 teaspoon
OR Rice Flour	1 1/2 Cups
AND Gluten Free AP Flour	1 1/2 Cups
Buttermilk	3 cups
Vegetable Oil	4-8 cups
Maldon or Coarse Salt	sprinkles
Pepper	to taste

